

SEASON

Week **01**

# Lunch MENU

School

AVON HOUSE



**MONDAY**

**The Main Event**

Tomato and Herb Pasta Bake with Garlic Bread and Fresh Broccoli

**Meat Free Zone**

Leek and Potato Cheesy Bake with Garlic Bread and Fresh Broccoli

**And to go with**

Crudités

**Pudding**

Lemon Drizzle Cake



**Tuesday**

**The Main Event**

Ham and Salad Sandwich

**Meat Free Zone**

Cheese and Salad Sandwich

**And to go with**

Crudités

**Pudding**

Cherry and White Chocolate Cookies



**Wednesday**

**The Main Event**

Roast Chicken with New Potatoes and Carrots

**Meat Free Zone**

Oven Baked Quorn Fillet with New Potatoes and Carrots

**And to go with**

Crudités

**Pudding**

Vanilla Ice Cream



**Everyday**

**THURSDAY**



**The Main Event**

Turkey Salad Wrap

**Meat Free Zone**

Roasted Vegetable and Avocado Wrap

**And to go with**

Crudités

**Pudding**

Chocolates Brownie



**Friday**

**The Main Event**

Breaded Cod Fish Fingers with Chips and Garden Peas

**Meat Free Zone**

Spinach, Tomato & Pumpkin Puff Pastry Parcels with Chips and Garden Peas

**And to go with**

Crudités

**Pudding**

Fruit Flapjack



**NOTES**



*We are award winners!*

SEASON

Week **02**

# Lunch MENU

School

AVON HOUSE



**MONDAY**

**The Main Event**

Jacket Potato with Baked Beans  
Or  
Grated Cheese And Green Beans

**And to go with**  
Crudités

**Pudding**  
Iced Vanilla Cake

**Tuesday**

**The Main Event**

Chicken and Salad Wrap

**Meat Free Zone**

Mozzarella and Tomato Wrap

**And to go with**  
Crudités

**Pudding**  
Chocolate Rice Krispie Cake



**Wednesday**

**The Main Event**

Mild Beef Chilli with Rice, Taco and Fresh Broccoli

**Meat Free Zone**

Vegetable Chilli with Rice, Taco and Fresh Broccoli

**And to go with**  
Crudités

**Pudding**  
Short Bread Biscuits



**Everyday**

**THURSDAY**



**The Main Event**

Tuna Mayo Baguette

**Meat Free Zone**

Cream Cheese and Cucumber Baguette

**And to go with**  
Crudités

**Pudding**  
Banana Cake with Vanilla Frosting

**Friday**

**The Main Event**

Chicken Nuggets with Chips and Sweetcorn

**Meat Free Zone**

Vegetable Nuggets with Chips and Sweetcorn

**And to go with**  
Crudités

**Pudding**  
Strawberry Marble Cake



## NOTES



Remember to eat fruit, vegetables and salad for your 5 a day and drink plenty of water too!!!



*We are award winners!*