

Relationships, Health and Sex Education Progression of Vocabulary - Years 3-6

Year 3	Year 4	Year 5	Year 6
stereotypes gender roles similar/different male/female baby child adult sibling mother/mum father/dad grow change feelings family relationship private parts penis testicles vagina womb uterus breasts puberty facial/underarm hair pubic hair	(all of the previous vocabulary) lifecycle genes/genetic DNA physical changes menstruation periods blood tampon sanitary towel ovulation reproduction/reproduce fertilisation/fertilise sperm seed egg ovaries	(all of the previous vocabulary) emotional changes spots body hair hygiene/cleanliness deodorant physical attraction love hormones testes scrotum larynx voice breaking erection ejaculation semen wet dreams hormones growth spurt sexual intercourse conception implantation foetus pregnancy	(all of the previous vocabulary) self esteem self-image identity gender identity LGBTQ+ clitoris embryo IVF contraception placenta cervix umbilical cord midwife birth delivery contraction amniotic sac amniotic fluid