



# THE WEEKLY FLIGHT

As November ends we enter a time where candles and festivals can fill our thoughts. From Advent to Channukah, homes will be lit as families prepare for festivals of light.

We were reminded in assembly this morning that Advent means “coming” and a time to give as well as receive. I am very grateful to all those who provided advent calendars and food for the Christmas hampers which have all gone to the local foodbank.

Watch out for Ms Heath’s posts as she opens up her Lego advent calendar every day!

This weekend, whether Christmas shopping or buying a tree, try and stay warm.

- Mrs Campbell

## HUNTING FOR OWLS

F2 Mallards and Kingfishers have been learning lots of facts about owls this week.

On Monday, we went for a walk to see if we could find any holes in the trees where there might be owls nesting. Following this, we made our own sentences about owls and loved learning how they can turn their heads around and not their eyes.

In ICT both classes have been designing their own Christmas on TUX paint and have learnt how to change the size of the paint brush and the colour.

In Dance, Foundation 2 have mastered the technique of making good toes and pointing their feet. They have also been practising to use a creepy and beautiful walk. The children are very excited to share their Nativity ‘Baarmy Bethlehem’ next week.



## INTER HOUSE READING COMPETITION

We are thrilled to share the results of this year’s Inter-House Reading Competition!

Congratulations to our individual winners:

- Year 5 and 6 - Jumana
- Year 3 and Year 4 - Max
- Year 1 and Year 2 - Eesha
- EYFS - Charlie

Each of these students has demonstrated exceptional effort and achievement in their respective categories and we are incredibly proud of them for representing their house.

The overall winning house was.....**Cavell House**, whose members read tirelessly to secure their victory. Well done to all the students in Cavell who read for Mrs Campbell as every point mattered!

Thank you to everyone who supported this competition, from our amazing students to our supportive parents and staff. Your encouragement has been invaluable.



## FOAM PLATES

In Art this week, Year 1 have created foam plates of simple designs and applied different colour paints to experiment with printing techniques. They discovered to get the best results the artist needs to press hard on the roller and apply the paint evenly.

Everyone enjoyed hearing the story, 'Dear Santa Claus' and learning the key features of a letter - Year 1 are now very keen to send letters to each other in the class no matter the lesson! During the week in pairs, Pelicans and Cranes also added actions to a short story map and performed the letter from Holly in front of everyone.

Maths has seen Year 1 explore teen numbers, applying the correct name to a teen numbers and counting within 20. Using different resources to visualise numbers including counting beads, dienes and counters, the children have worked hard to understand that a full ten frame is always ten and they can count on from there without needing to count those ten first. This has also let them consolidate and apply their knowledge of part whole models, missing number tracks and different ways to make 10.

Arjun spoke about Art, "I had to press my roller hard to make sure it worked. I didn't put enough paint on my plate the first time but then it worked with more paint."

Alex was excited about our letter writing this week, "I'm going to write lots of letters to Santa so he knows what I want! I need to make sure my letter has my address on and my name."



## TABLE TENNIS

On Wednesday 27<sup>th</sup> November, 4 boys from Years 5 & 6 participated in the Jack Petchey East London Team Schools Qualifier. It was an intense and extremely competitive tournament with a total of 24 matches played in the group stages.

Despite not progressing in the competition, the boys all demonstrated great determination and resilience against some stiff competition and they should be proud of themselves for their efforts.



## WEEKLY AWARD - PERSEVERANCE

This week, we have been looking at the value of perseverance - the steady persistence in a course of action especially in spite of difficulties.

By looking at the traditional tale of Ella. Inspired by the lionesses, we learnt how we can ignore the unhelpful comments and attitudes of those around us in order to persevere and achieve our goals.



## WEEKLY AWARD - PERSEVERANCE

Foundation 1: Theo  
Foundation 2: Mia & Alina  
Year 1: Risheek & Eric  
Year 2: Sofia & Anna  
Year 3: Devika & Amelia  
Year 4: Ehsaan & Ethan  
Year 5: Luiza & Eilidh  
Year 6: Leo & Maham

*Next Award - Exemplary Behaviour*

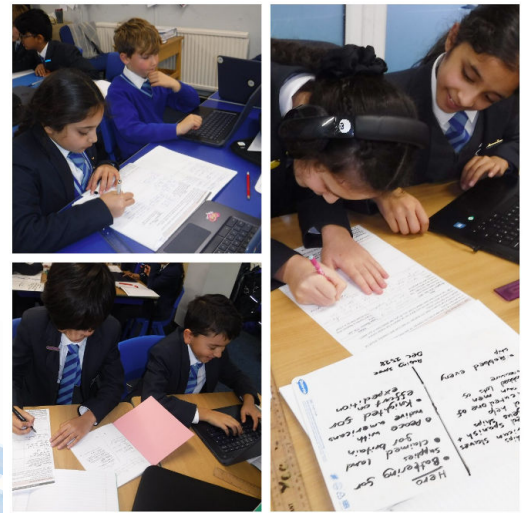


## A HERO OR A VILLAIN?

In Geography this week, Year 5 explored the legacy of Tudor explorer Sir Francis Drake, focusing on whether he was a hero or a villain!

Working in pairs, the children used their Chromebooks to research Drake's voyages, his role in defeating the Spanish Armada, and his actions during his explorations. Through a mix of historical accounts and contrasting viewpoints, the class investigated his contributions to British history and his actions against the Spanish. After gathering information, the majority of students concluded that Sir Francis Drake was more of a villain than a hero, despite being knighted by Queen Elizabeth I.

This sparked a lively discussion, with children weighing up his actions against his accomplishments as an explorer. It was an engaging lesson that encouraged critical thinking, research skills, and the ability to evaluate a historical figure from different perspectives.



## CHRISTMAS EXTRAVAGANZA DAY - 13th DECEMBER

- **Christmas jumpers** are encouraged (optional)
- Pupils should wear their **PE kit** and **trainers** to school. Please also pack a spare pair of old trainers (any colour) for the Elf Run.
- School bags and fruit snacks should be brought as usual.
- Haven House will kindly provide everyone with an elf hat, adding to the festive cheer!
- The **Donation of £3** can be made via ParentPay by **Friday 06<sup>th</sup> December**.

### AHS MORRIS HOUSE CHARITY DAY

Get ready for some  
festive fun!

Friday 13th December

**The Nutcracker Extravaganza**  
in school and  
Haven House Elf Run  
at The Wells

**HAVE FUN, GET ACTIVE  
MAKE A DIFFERENCE**

**£3 per child**

includes entry into the  
Elf Run,  
an Elf Hat and for your  
child to wear a Christmas  
jumper to school

(payable via ParentPay)



Charity no. 1044296

## YEAR 6 MAKING HEADLINES

Our Year 6 pupils continue to impress us. In amongst the exam preparations, they still are keen to ensure that fun is had when the opportunity (like a hot air balloon) rises. Along with showing their competence in multiplying and dividing fractions, they have also been working on their needle work in creating monograms for their personalised handkerchief and creating their own propaganda posters in History.

But it was in English that pupils had the most fun. At first they were investigating different sources of the Christmas Truce in WWI, identifying their similarities/differences and validity as sources. In preparation for writing our Newspaper stories on the event, we also began focusing on pun in order to create a snappy headline. To do this we played a game about what a potential business they could be in. Here are some of our favourite examples from the pupils:

- I'm in the trenches business. How's business? It's the pits! (Ibby)
- I'm in the cats business. How's business? Its a-paw-ling! (Lucas)
- I'm in the cheese business. How's business? It's grate! (Jayden)
- I'm in the honey business. How's business? It's un-Bee-lievable (Nicole)



**December Kindness 2024**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Spread kindness and share the December calendar with others	2 Contact someone you can't be with to see how they are	3 Offer to help someone who is facing difficulties at the moment	4 Support a charity, cause or campaign you really care about	5 Give a gift to someone who is homeless or feeling lonely	6 Leave a positive message for someone else to find	7 Give kind comments to as many people as possible today
8 Do something helpful for a friend or family member	9 Notice when you're hard on yourself or others and be kind instead	10 Listen wholeheartedly to others without judging them	11 Buy an extra item and donate it to a local food bank	12 Be generous. Feed someone with food, love or kindness today	13 See how many different people you can smile at today	14 Share a happy memory or inspiring thought with a loved one
15 Say hello to your neighbour and brighten up their day	16 Look for something positive to say to everyone you speak to	17 Give thanks. List the kind things others have done for you	18 Ask for help and let someone else discover the joy of giving	19 Contact someone who may be alone or feeling isolated	20 Help others by giving away something that you don't need	21 Appreciate kindness and thank people who do things for you
22 Congratulate someone for an achievement that may go unnoticed	23 Choose to give or receive the gift of forgiveness	24 Bring joy to others. Share something which made you laugh	25 Treat everyone with kindness today, including yourself!	26 Get outside. Pick up litter or do something kind for nature	27 Call a relative who is far away to say hello and have a chat	28 Be kind to the planet. Eat less meat and use less energy
29 Turn off digital devices and really listen to people	30 Let someone know how much you appreciate them and why	31 Plan some new acts of kindness to do in 2025				

**ACTION FOR HAPPINESS** Happier · Kinder · Together

This calendar can be accessed in different languages here:

<https://actionforhappiness.org/sites/default/files/Dec%202024.pdf>

## CHARIOT RACES

This week in DT, Year 4 have been attaching the wheels and axle to the framework of their chariots. Some fantastic chariot races took place once the wheels were fixed.

Konstantin said, "The best part was being allowed to decorate our chariot to make it unique."

Yorkshire added, "It was really fun to see it finished after all our hard work!"



**reach more parents**  
by weduc

**Coming Soon!** Get Ready to download the  
new ReachMoreParents App!

Dear Parents,

Here at Avon House School, we are always looking for new ways to improve communications with our parents and carers. In the next few weeks, we are delighted to be launching *ReachMoreParents* - a new digital communications tool specifically designed for parent communications.

*ReachMoreParents* allows you to see live updates about your child's education, meaning you will never miss a moment of your child's learning Journey.

Receive alerts and keep updated with School News, Trips, Learning Activities, Important Announcements, Key Dates and Events, Attendance Information and much more!

Look out for your Enrolment message and instructions which will be sent at the end of term!

Thank you,

Mrs Z Mughal

Bursar



## BECOMING SCIENTISTS

This week in Science, Year 2 investigated the properties of materials by testing which materials are waterproof. We discussed what an umbrella should be like using scientific vocabulary (waterproof, lightweight, strong) and decided how we should investigate the materials. In our training to become scientists, we carefully decided how to ensure it would be a fair test, by only changing one variable in the experiment.

Children's predictions proved correct when we tested our four materials! We found that the tin foil and cling film were waterproof, and the nylon and felt were not. The children were surprised to see that while the water went quickly through the felt, it absorbed into the nylon much more slowly. We concluded that while the foil and cling film are waterproof, we wouldn't want an umbrella made from them, as they don't meet the important criterion of being strong!



## THE JOLLY POSTMAN

Puffins have welcomed two more parents this week who came to bake scrumptious carrot cupcakes with us. Children enjoyed peeling and grating carrots, helping with measuring and mixing the ingredients.

This week, we looked closely at the job of a postman, learning about stamps, letters, postcards and parcels that are delivered daily.

Puffins enjoyed 'The Jolly Postman' book of the week and our favourite part was to see the postman climbing up the long ladder in order to ring the bell at the Giant's house. During our weekly walk, we went to the post office to send our first ever letter. It was a great adventure and for some of us the first visit at the post office.

Mr Frost has paid us a visit this week and we loved playing with it by scraping it and melting it with our fingers. Children were fascinated how quickly it was disappearing under our warm fingers.

We are looking forward to the next week as we will begin crafting Christmas decorations and the arrival of someone really special from North Pole on a mission from Santa!



WOODFORD PANTOMIME PRESENTS

# Sleeping Beauty

written by  
Clarke & Clarke

noda

1st - 12th  
January 2025

Sponsored by  
THE STOW BROTHERS

Sir James Hawkey Hall Woodford Green IG8 0BG

**07391 222464**

[www.woodfordpantomime.co.uk](http://www.woodfordpantomime.co.uk)

10 matinees • No restricted view – tiered seating • Ample parking

DATE	TIME	PRICE
Wednesday 1st January	1.00 pm & 5.30 pm	£18.50
Thursday 2nd January	7.00 pm	£16.00
Friday 3rd January	7.00 pm	£18.50
Saturday 4th January	12 noon & 4.30 pm	£18.50
Sunday 5th January	12 noon & 4.30 pm	£18.50
Wednesday 8th January	7.00 pm	£15.00
Thursday 9th January	7.00 pm	£16.00
Friday 10th January	7.00 pm	£18.50
Saturday 11th January	12 noon & 4.30 pm	£18.50
Sunday 12th January	11 am & 3.30 pm	£18.50

Please note that wheelchair spaces are limited to 2 wheelchairs per performance. Late arrivals may not be permitted to enter the auditorium until a suitable point in the show. Card payments incur a booking fee.



## STEM AWARD

Foundation 1: Leo H

Foundation 2: Ismah & Amara

Year 1: Mia & Raina

Year 2: Armaan & Violet

Year 3: Evleen & Margot

Year 4: Alex & Xyla Rose

Year 5: Anaya & Ayaan

Year 6: William & Jamie

## MILER OF THE WEEK

This week, the Miler of the Week is Luiza (5JB) for really improving her fitness level over the last couple of weeks – well done!

## KEY AUTUMN TERM DATES

Tuesday 3rd December	9.00am F2 Nativity (F2 Parents Welcome, no siblings)
Thursday 5th December	5.30pm Carols by Candlelight @ All Saints' Church (Prep Parents Welcome) No Clubs <b>TEA TIMERS UNTIL 5pm ONLY</b>
<del>Friday 6th December</del>	<del>3.30pm EYFS Take a Look At My Celebration Book (CANCELLED)</del>
w/c 9th December	No Before or After School Clubs - Prep Activities & Prep Sibling Film Club is on
Tuesday 10th December	2.00pm EYFS and Pre-Prep Christingle @ All Saints' Church (F1-Y2 Parents)
Friday 13th December	<b>Christmas Extravaganza Day - Christmas jumpers optional</b> 1.30pm Term Ends / 2.30pm for Year 6 Study Skills children <b>NO TEA TIMERS</b>

### SECOND HAND UNIFORM

There is a parent Whatsapp Group devote to Swapping / Selling second hand uniform.

Please find the link to join below: <https://chat.whatsapp.com/FNfcHoKaiILJgzKBCCd2RG>

**A reminder that parents must arrange to meet directly. No uniform is to be brought into the School Office.**

### FOOTBALL AT BANCROFT'S

Last Friday saw a Year 4 and Year 6 team take on Bancrofts in our local football derby. The Year 6 team bounced back from their difficult day out at the ISA Competition the week before. Jayden George had another polished performance in goal, Amha Marday made a calm and collected debut in midfield, while Zak Anwar and Kai Claire put their chances away to ensure we got the better of Bancrofts under the flood-lights. Mr Evans said the performances from Benjy Flood and Isaac Egoh stood out for him as the Year 4s triumphed in their matches. Many thanks to Mr Evans for giving up his time on Friday to manage the team.

### POPPY APPEAL

A big thank you from the Royal British Legion to all those that purchased a poppy / poppy product. They returned to school to let us know that we raised £409.08! Thank you all!

### QUIZCLUB SCIENCE QUIZ

On November 26<sup>th</sup> two teams of four Years 5 and 6 pupils competed in the heats of the Quizclub Science quiz.

In total 119 teams competed in this online heat with a team comprising Seren, Miles, Gabriel and Niharan finishing a creditable 43<sup>rd</sup> on 1415 points.

I'm pleased to report that our other quartet of Josephine, Seb, Jason and Dinore came 28<sup>th</sup> with 1500 points and will progress to the semi-finals as a team finishing in the top thirty.

Well done and good luck but they face a stint of intensive swotting on subjects like climatology, volcanology, astronomy, endocrinology, human anatomy and the Periodic Table in readiness for the next challenge!

### STAR OF THE WEEK

Foundation 1: **River**

Foundation 2: **Shayan & Kaida**

Year 1: **Erik & Leela**

Year 2: **Elliot & Raphael**

Year 3: **Deedee & Ben**

Year 4: **Shayan & Benicio**

Year 5: **Duae & Jumana**

Year 6: **Zak & Lavinia**



## U9 TAG RUGBY AT AKELEY WOOD

This week saw the culmination of the efforts of our Year 4 Tag Rugby squad. They have been training hard every Friday for the last 6 weeks in preparation for the Akeley Wood Junior School in Milton Keynes. The day would see the children compete against other schools within ISA London North and acquit themselves extremely well.

The opening fixture saw Avon House face local opposition in Daiglen. It was an impressive start to the event seeing confident passing and decision making throughout and ending in a victory of 6 tries to 1.

Game 2 saw Avon House accept the challenge of Immanuel School from Romford. Immanuel School showed great pace throughout the game creating many chances, however, resolute defence and decisive finishing saw Avon House victorious with 5 tries to 3.

Game 3 pitted Avon House against St James's School, London. This was a significantly tense affair with Avon House edging ahead, before being pegged back by the positive play of the opposition. With less than a minute left in the game Avon House scored what would look to be the winning try. Setting our defensive line thoughts had strayed to the next match and a lapse in concentration gave St James's one last chance. An excellent run saw them equalise on the whistle. The game ended in a 5-5 draw and lessons were learnt.

In Game 4, Avon House met The Orchard School. Smarting a little from the experience of the previous game the team took a commanding lead which they carried throughout. Here the children displayed great individual skill and team play to end the match with a 7-3 victory.

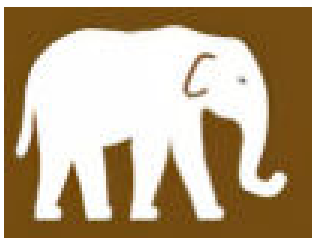
Following a lunch break, where the hot topic had been the sighting of wild elephants on the journey to Akeley Wood, the children prepared themselves for their afternoon matches. During Game 5, Avon House played the festival hosts Akeley Wood, who run regular contact matches throughout the year. Their rugby experience showed in their style of play and flowing passing and support play were rewarded with tries. Not to be outshone, the Avon House team rallied and put in a performance to be proud of. Great communication in defence and fast thinking and support in attack saw the team claw back a deficit (which is a really hard thing to do in Tag Rugby) and end up winning a high scoring game 8-5!

Game 6 proved to be the most exciting of the day, facing BGI (Bedford Greenacre Independent), once again the children faced opposition for a school that regularly compete in contact matches and once again performed brilliantly. In fairness, BGI set the pace and tone of the game and all who were watching were treated to a complete try fest! In and end to end game both teams displayed speed, tenacity, endurance and desire. At full time however, it was BGI that emerged victorious 9-8.

In the final game of the day, the children displayed their character. Rather than being disheartened by a close loss in the match before, they picked themselves up and gave their all. Webber were our final opposition and the Avon House team held nothing back. They controlled the game from start to finish, converting any and all chances that came their way.

In truth, I could not be happier with the performances of the team and they all represented our school community with distinction. Remember if you are travelling, towards Milton Keynes at any point watch out for elephants!

Well done to all those that played.



## WONDERWALL

*If you could invent a machine to save the world, what would you create?*

Lottie and Amani 3NH would make a robot that picks up litter.

Nia, 4PH, and Isla, 5KI would make machines to stop pollution.

Xyla-Rose, 4PH, and Molly in 6HG would make a food machine to stop world hunger.

Neel, 5JB: I would make a machine that can stop world poverty.

Rebecca, 5JB: A machine to build homes for people in need.

Mohid, 4PH would make a machine to stop wars.

Jayden 6JM and William 6HG would invent a time machine so they could travel back and stop World Wars 1 and 2 from happening.

On a lighter note, Anna in Y2 Herons would like to create Willy Wonka's glass elevator and Miles in 6HG a cheese machine because cheese is tasty and is good for everyone!

## PRACTICAL TIMES TABLES

This week, Year 3 have been enjoying taking part in lots of practical times tables investigations. We worked in groups to find ways of representing times tables in arrays and by using repeated addition.

We investigated the rules for adding odd and even numbers and looked how we can group and share amounts to represent division and multiplication.

We will be using all the strategies we have learnt this week in all our future learning to complete trickier calculations and to further strengthen our mental arithmetic skills.



## DECEMBER LUNCH MENU

Please note that there is a revised Lunch Menu available on the Parent Portal for the last two weeks of term.

Next week, Monday- will be Marble Cake not Iced Carrot Cake /

Wednesday- will be Iced Carrot Cake not Marble cake.

## WHAT YOU CAN AND CAN'T CONTROL

We all deal with big emotions sometimes and at the heat of the moment, even us adults, we find it overwhelming.

As the wellbeing of our children is at the heart of all us at Avon House, we thought it would be great to share this poster with you.

Asking a question 'What Can I Control?' is a great way for children to calm down when they are feeling flooded with sorrowful emotions.

Once they understand what they can't control, they can turn their attention to the things that they can, and make positive changes.

By acknowledging and accepting the limitations of our control, we can free ourselves from the burden of trying to manage the unmanageable and feel better in our own skin.

Let's be kind to ourselves.

### What I can control and what I can't

Data source: @mindfulenough | Infographic design by @agrassoblog for educational and motivational purposes





## PRE-PREP PHOTOGRAPHY CLUB

Pre-Prep Photography Club had a small focus this week - macro photography! Learning some simple rules; Keep the subject simple, focus on one area and make sure the camera has focused correctly before taking the picture, the children experimented with different objects in the classroom and different coloured backgrounds. The results were intriguing and interesting, especially when the googly eyes made an appearance!



## ITALIAN CLUB

Italian Club felt confident enough to share an excerpt from 'Il Piccolo Bruco Maisazio' with everyone this week!

The children have worked really hard on their pronunciation and understanding of Italian this term and Mrs Gagliano is very proud of them.

<https://drive.google.com/file/d/1SHFP-FDslaOpRDyzdR-LUQ9aoLZMqLuJb/view?usp=drivesdk>



## SCHOOL CALENDAR DATES

### Week 12

Monday 2nd Dec	8.40am F2 Nativity Dress Rehearsal to School
Tuesday 3rd Dec	7.45am School, Sport, Diversity, RRS & Sustainability Council Meetings 9.00am F2 Nativity to Parents (F2 Parents Welcome) 1.00pm Carols by Candlelight Rehearsal @ All Saints' Church (Prep)
Wednesday 4th Dec	7+ Taster Day 8.45am - 11.45am Carols by Candlelight Rehearsal @ All Saints' Church (Prep) 1.30pm Departmental Lead Meeting
Thursday 5th Dec	Year 3 and Year 4 Swimming All Prep Children Remaining in School - No Prep Clubs 5.30pm Carols by Candlelight @ All Saints' Church Tea Timers is on for Early Years and Pre-Prep but only until 5pm
Friday 6th Dec	Progress Review Meetings
School Calendar -	<a href="#">Calendar</a>   <a href="#">Avon House School</a>

## SPORTS FIXTURES

*Please note that Sports Fixtures will be communicated via email directly to parents for those children that have been selected to take part. If a fixture/tournament is postponed or cancelled, you will be informed by the school at the earliest opportunity.*

Friday 6th Dec 1.30pm Prep Inter House Football (Boys and Girls)

AHS Sports Twitter - <https://twitter.com/avonhousesport>

*Please do not contact the School Office to check if a fixture/tournament is postponed or cancelled. Also, please check the fixture/tournament details you receive from the School Office as they will state whether support or no support is able to attend.*