

THE WEEKLY FLIGHT

This has been a very busy week where national initiatives have played a large part of our extended curriculum.

Today is of significance to our Sikh families as it marks the 555th anniversary Guru Nanak Dev Ji the founder of Sikhism. He was a true explorer travelling to many lands over 20years to spread the message of oneness and purity. I would like to wish all our families a very special day as you spend time with family and friends and meet together in the Gurdwara.

It is important for our school community to see how all our cultures and faiths dovetail together. Just as Sikh's embrace the concept of Langar (free kitchen), we at school have started to receive your kind donations of advent calendars and items for the Christmas hampers which will be sent to those in our community who will otherwise go without.

I would like to thank you for your continued support of all our charitable initiatives.

Happy Weekend!

- Mrs Campbell



IT'S GOOD TO THINK!

It has been an electric week in Year 6 as pupils have been constructing circuits from the technical drawings that they had been given.

This week, we have also been looking into the life of Anne Frank, planning our Evacuee journey tale and tackling the tricky topic of subtracting fractions with different denominators!

Finally, in preparation for our whole school assembly on Anti-Bullying, pupils had been creating THINK posters to be displayed around the school. These posters help us to consider whether what we are about to say in True, Helpful, Inspiring, Necessary or Kind and if any of the answers to this is no - we should not be saying these things. Food for thought for us all this weekend.

REVERSIBLE AND IRREVERSIBLE CHANGES

Year 5 have been enjoying their new topic of reversible and irreversible changes in science this half term, namely because of the amount of investigations they have and will be partaking in!

In our first lesson, the pupils learnt about the process of dissolving and then conducted an investigation to test whether salt, sugar, sand, porridge and flour were soluble or insoluble substances by stirring them into water.

Then, they learnt about how to separate mixtures by filtering and sieving. Another exciting investigation commenced and the children worked in pairs to sieve and filter mixtures to determine the most effective way of separating them. The children have now expanded their vocabulary to include words such as turbid and suspension which are now commonly mentioned in our scientific discussions and observations!









REMEMBRANCE DAY

Year 5JB led the whole school on a soldier's journey and why we wear a poppy as an important symbol, as we came together for our Remembrance Day service at All

Saints Church on Monday.

Singing three hymns - Lord for the Years, We Will Remember and Flanders Field. Listening to two original poetry pieces from a Year 4, 'Hope Has Risen' and a Year 6, 'I, the Poppy' and a moving violin performance, had us thinking about the contributions, bravery and sacrifice of service personnel over the years.

Thank you Year 5JB for such a thoughtful and moving assembly and to Mrs Mistry for our wonderful collaborative poppy presentation outside school.

For those that could not attend on Monday, a recording of the service can be viewed at the following:

https://youtube.com/live/pHBkWtnNS6Y?feature=share















SUSTAINABILITY COUNCIL INITIATIVE

Are you tired of those old reading glasses sitting on your dresser, unused and gathering dust?!

Sustainability Council is reaching out to you because we believe your unwanted spectacles could make a world of difference to someone in need.

We would like to collect any unwanted reading glasses. We will take them to a local optician's who will then distribute them to people in developing countries who lack access to affordable eye care. Your donation can help improve their vision and quality of life.

It's easy to donate! All you need to do is pass on any unwanted glasses to your child's class teacher. You can send these in any time throughout the year. Every pair of glasses, no matter their condition, is valuable.

PTA VOLUNTEERS

If you are interested in joining the school's PTA or helping out at PTA events, please can you email Holly and Debbie on the PTA email address:

pta@ahsprep.co.uk

WEEKLY AWARD -COURTESY

This week, we have been looking at the value of courtesy - showing of politeness in one's attitude and behaviour towards others. We looked at the story of King Midas and saw how he used the gratitude of someone else to make a poor choice that affected himself and those around us.

We learnt how it is important not to take other people's gratitude for granted.



WEEKLY AWARD -COURTESY

Foundation 1: **Leo H**Foundation 2: **Amaya** & **Rivan**

Year 1: Magnolia & Raef Year 2: Beyant & Daniel

Year 3: Xavier & Ben

Year 4: **Dhilan** & **Aarit** Year 5: **Sebastian** & **Zac**

Year 6: Seb & Jamie

Next Award - Resilience

WONDERWALL

To celebrate World Nursery Rhyme Week, we asked:

Who is your favourite nursery rhyme character and why?

You told us some of your most loved characters, rhymes and memories; here are some of them:

Emily, 3NH: Row, row your boat because it sends me to sleep!

Nia and Yusuf, 4PH: both liked Humpty Dumpty best, whereas Yorkshire prefers Hot Cross Buns - literally!

Two votes for Mary had a little lamb from Devina and Rebecca (5JB)

Goldie, 5KI: Goldilocks because it is my name!

Ibrahim (6HG) and Haris (6JM) voted for 1, 2, buckle my shoe

Mrs Buharah: Twinkle, twinkle little star - there is unique light inside all of us. We need to let it shine every day.

Mrs Campbell: Incey, Wincey Spider because he is patient and shows resilience.

Please remember to add your name and class to your response.

UN-BEAR-LIEVEABLE PADDINGTON

From a marmalade covered school, a raffle with exciting prizes and a pupil-led whole school Paddington history presentation, to watching Paddington films in the hall and at Odeon South Woodford. A Peruvian style lunch, a marmalade hunt, meeting Paddington himself on the Green and an inspiring Question and Answer session with a Paddington screenwriter, it's safe to say Avon House had an un-bear-ievable brilliant Paddington Day last week!

Our school governors were keen to join the fun as were all the mini Paddingtons in the playground at breaktime.

Avon House were pleased to welcome visitors from nearby local state schools to attend the Q and A session, in partnership with ISC, the Independent Schools Partnership.

Paddington also went visiting local nurseries around Avon House, to say hello to young fans of Michael Bond's famous bear.

The raffle total was a hat-raising £600 for Unicef. We hope everyone enjoyed their Tiptree marmalade over the weekend!

https://drive.google.com/file/d/1Fw_1ID6L5gCqmqCDhji0OAqAAe9aEwuR/view?usp=drivesdk





PADDINGTON PERUVES TO BE A HIT!

On Friday 8th of November, Avon House School went to see Paddington in Peru' on its first day in cinemas, as well as having a Q&A with one of the script writers.

In order to fit in with the busy schedule, the assembly was stripped back to the "bear" essentials – just enough time for Lucas and Seb to provide us with key information about Paddington – named after the station that Michael Bond the creator found the lost bear.

No sooner had we finished assembly, then it was to the bus stop and a 10 minute ride to the cinema. To our surprise, we were directed into Screen 1, where we had the whole cinema to ourselves. Mr Babra, quickly put his coat down on a "Premier Seat." With fruit snacks consumed, the lights were dimmed and Paddington 3 flickered into life.

It was really interesting to discover more about Peru and that some people speak Spanish there. There were lots of funny moments including, when Paddington went to the photobooth to do his passport photo and his face was slammed on the glass sideways with his tongue sticking out! The acting was really good and pupils wanted to know how they made Paddington look real by using special effects – maybe this was going to be a question for our special guest. Overall, the cinema goers gave the film a 4.5 star review, with the feeling that it had too much adventure and not quite enough laughs.

Following a lunch that included a delicious marmalade inspired bread and butter pudding (with chocolate sauce), it was out on to The Green for a marmalade hunt and the all-important photo opportunity with Paddington Bear himself. Although the rumours were circulating about who was Paddington - like a marmalade sandwich, we will keep this one under our hats.

Finally, we had the opportunity to have a Question and Answer session with Mr Lamont, a screen writer on the Paddington 3 movie. Pupils were impressed with all the work that he has been involved in and were amazed that the film script had 100s of changes even up to the launch day. We got the opportunity to see original images of the script, story board and even discovered what scenes and characters did not make the final cut. Mr Lamont also took the opportunity to discuss his journey with dyslexia, encouraging and inspiring all pupils to not to be held back in the pursuit of their dreams.

Members of the Avon House Herald, felt it was "one of the funnest days ever!" "There were no lessons, we ran for marmalade and we met Paddington!" - Avon House Herald Club

BOSSY VERBS

Year 1 Pelicans and Cranes started the week in English by following a set of instructions to create a cup and ball toy. As they worked, they verbally identified the bossy verbs and time connectives in the text. Later, they worked as a class to recreate the instructions and at the end of the week, wrote their own instructions.

Letong said, "I had to scrunch the foil, that was easy. It's not easy to get the ball in the cup. That's hard. Scrunch is a funny bossy verb!"

In Science, Year 1 explored the concept of freezing and melting in a hands-on investigation.

They were tasked with rescuing small toys frozen in blocks of ice, this allowed Year 1 to observe melting in real time and explore different methods for freeing the toys. They were given various toys and materials to try and were encouraged to make predictions around how it may work.

Each child recorded their results by drawing pictures and describing what they noticed in their science book.

Theia spoke about trying to save her toy, "I used a toy saw but it didn't work then I warmed the toy in my hand and it worked better to break the ice up."





YEAR 2 VISIT TO FLORENCE NIGHTINGALE MUSEUM

This week, Year 2 were very lucky to be able to visit the Florence Nightingale Museum in central London. After a journey on the Underground, we had lovely sunny views of Big Ben, the Houses of Parliament and the London Eye.

In the museum, we met Florence Nightingale herself, who told us her fascinating story about her early life and how she transformed hospitals during the Crimean War. The children could remember what they had already learned about Florence during our humanities lessons and participated really well in the workshop, playing lots of different jobs to help Florence in the Scutari Hospital! We were interested to learn that all the paintings of Florence depicted her with a candle lamp, but in fact she carried a Turkish lamp called a fanoos.

We had the opportunity to walk around the museum, looking for special objects that were important to Florence, like her pet owl Athena and the Scutari Hospital sash. The children were able to





dress up in soldiers' and nurses' uniforms, and saw Florence's bedroom from her later life. Florence then taught the children the similarities and differences between nurse's uniforms and equipment in Victorian times compared with today. It was an

extremely informative day and the children behaved excellently!

Zavaar said, "My favourite part was dressing as a Crimean soldier."

Aaila said, "I didn't know about Florence's lamp before."

Raphael said, "I liked looking through the little windows to see the pictures and listening to the sound clips."







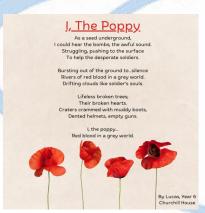
INTER HOUSE POETRY COMPETITION WINNERS

We are thrilled to share the success of our recent Inter-House Poetry Competition, held in honour of Remembrance Day. The students poured their creativity and emotion into their poems and drawings, resulting in an impressive array of entries that truly captured the spirit of the occasion. I am so proud of all the students who participated; their thoughtful and heartfelt contributions made this competition a memorable experience. Thank you for your continued support in encouraging their creativity and reflection.

After much deliberation, here are our selected four outstanding winners:

- Carter (EYFS)
- Darcy (Y1/Y2)
- Aubrey (Y3/4)
- Lucas (Y5/Y6)

Congratulations to these talented poets for their inspiring work! They have all been rewarded with an exciting book today!









reach more parents

Coming Soon! Get Ready to download the

new ReachMoreParents App!

Dear Parents,

Here at Avon House School, we are always looking for new ways to improve communications with our parents and carers. In the next few weeks, we are delighted to be launching *ReachMoreParents* - a new digital communications tool specifically designed for parent communications.

ReachMoreParents allows you to see live updates about your child's education, meaning you will never miss a moment of your child's learning Journey.

Receive alerts and keep updated with School News, Trips, Learning Activities, Important Announcements, Key Dates and Events, Attendance Information and much more!

Look out for your Enrolment message and instructions which will be sent at the end of term!

Thank you,

Mrs Z Mughal

Bursar

NOT A BOX

Foundation 2 have been exploring 2D shapes particularly triangles and circles. They created their own Kandinsky inspired art work using the them. They have been learning all about the different properties of the shapes.

They have continued to read the story 'Not a Box,' learning the story map and writing a sentence about their own design.

They then used chalk pastels to draw what they would like to put in their box in Art. In PE they have been

practising large ball skills and keeping it under control with their foot.

They have been very busy learning the words of the songs and characters for the nativity, 'Barmy Bethlehem.'









MILER OF THE WEEK

This week's award for Miler of the Week goes to Callie (Y2 Herons) for working hard this week and not stopping!

SLAM DUNK!

The Sports Council visited the Copper Box on Sunday afternoon to roar on the London Lions in their Premier League Basketball match. The

Newcastle Eagles were no match for the Lions and their raucous home support as the Lions ran out winners by 10points in the end. After the match the players signed autographs and had photos taken with the Council members.



Benjy even found a player with the same surname

as him! There could be another Flood playing for the Lions in a few years time?! A huge thanks to Mrs Gleadell wo organised the trip.



PARKING REMINDER

A reminder to all parents to please park sensibly when dropping off and collecting children. We appreciate that it is busy however double parking, blocking driveways and roads puts everyone's safety at risk.

STEM AWARD

Foundation 1: Theo

Foundation 2: Sophia & Aryan

Year 1: Payton & Eric

Year 2: Keeran & Jaya

Year 3: Rowan & Amelia

Year 4: Kaelan & Yorkshire

Year 5: Mahen & Luiza

Year 6: Jia & Nicole

NO PARTY BAGS

A reminder that if it is your child's birthday, they are allowed to bring a fun-sized, small gift or snack in for their class.

Any food items must be sealed and have the dietary and allergen ingredients outlined.

REMINDER - ALL PARENT ZOOM

A reminder that there is an All Parent Zoom meeting on Tuesday 19th November, hosted by Mr Matt Barrett, Chair of Governors, to discuss the school's position regarding VAT.

This meeting will provide an opportunity to receive important updates and to address any questions you may have.

Meeting Details:

• Date: Tuesday, 19th November

Time: 7.30pmPlatform: Zoom

Please find below the Zoom link and access details below:

https://us06web.zoom.us/j/81484249306?pwd=PNTG0aIQR36IzWi5eghqBmkycbwHeX.1

Meeting ID: 814 8424 9306

Passcode: 429316

We encourage all parents to attend, as this discussion will provide valuable insights into how VAT may impact the school. Your participation is highly valued.

CHRISTMAS HAMPERS COLLECTION

Christmas is the season of family, belonging and joy – to spread cheer and happiness throughout all homes and families. Following the success of our Harvest collection, Avon House's School Council would like to continue to help support the Epping Forest foodbank (run by the Trussell Trust) by providing Christmas hampers to help spread joy and happiness over Christmas, providing relief for individuals and families.

Our aim with the hampers is to provide the essential non-perishables for a Christmas dinner alongside some goodies such as chocolates and crackers. We believe everyone should have a Merry Christmas! We would like to collect as many essential food items as possible, box and wrap them up and transport them to the food bank to brighten up someone's Christmas. As a School Council, we are asking for your help donating non-perishable food items for a Christmas dinner as well as basic food and Christmas treats. The following items can be provided for hampers – this list is not exhaustive! If it's non-perishable – bring it in!

Christmas pudding or Christmas cake

Box of chocolates

Biscuit selection box

Tinned ham

Stuffing

Chicken gravy granules

Crackers

Crisps

Hot chocolate

Tin of custard

We ask that you donate all items by <u>Thursday 21st November</u>. A box will be outside school every day for you to drop off your donations. Thank you!

Avon House School Council

KEY AUTUMN TERM DATES

Friday 22nd November 8.40am Performance Assembly (Parents of Performers Welcome)

Wednesday 27th November 3.40pm Parent Consultations, No Clubs

Thursday 28th November 3.40pm Parent Consultations, No Clubs

9.00am F2 Nativity (F2 Parents Welcome) Tuesday 3rd December

Thursday 5th December 5.30pm Carols by Candlelight @ All Saints' Church (Prep Parents Welcome)

No Clubs, NO TEA TIMERS

Friday 6th December 3.30pm EYFS Take a Look At My Celebration Book (F1&F2 Parents Welcome)

w/c 9th December No Before or After School Clubs, Prep Activities & Prep Sibling Film Club is on

Tuesday 10th December 2.00pm EYFS and Pre-Prep Christingle @ All Saints' Church (F1-Y2 Parents)

Friday 13th December 1.30pm Term Ends / NO TEA TIMERS

SECOND HAND UNIFORM

There is a parent Whatsapp Group devote to Swapping / Selling second hand uniform.

Please find the link to join below: https:// chat.whatsapp.com/FNfcHoKaiILJgzKBCCd2RG

A reminder that parents must arrange to meet directly. No uniform is to be brought into the School Office.

PRE-PREP PHOTOGRAPHY

Over the past few weeks, Pre-Prep Photography Club have been looking at how to take portraits of people

and some of the work of David Hockney.

Using some of his photo collages as inspiration, the Club created their own photograph mosaic this week.



PTA WREATH MAKING WORKSHOP

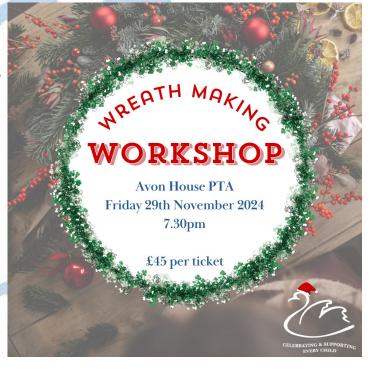
The PTA are delighted to host a Christmas Wreath Making Workshop on Friday 29th November at 7.30pm in the School Hall.

Tickets are £45 each which includes all the materials to make your wreath, nibbles and drinks. The workshop will last about 90 mins and friends & family are welcome to attend.

If you would like to join us, please can you email pta@ahsprep.co.uk and include how many tickets you would like to purchase. We will then email to you the PTA bank account details to pay for the ticket(s).

forward to you joining us.

We think it will be a lovely evening and we look



Holly and Debbie (PTA Co-Chairs)

WORLD NURSERY RHYME WEEK

We would like to say a 'Big Thank' you to special visitors who came to spend some time with the Puffins. Two parents read 'So Much' and 'I Am a Tiger' stories at home time this week. We also had one parent who came to lead the star biscuits baking session. Thank you so much for your time!

This week, we have also taken part in the World Nursery Rhyme Week and had lots of fun singing and role playing. If you would like to find out more about the activities we have prepared please check our socials as Ms Heath has been reporting on the World Nursery Rhyme Week daily. Thank you Ms Heath!

In Maths, we were learning about number 5 and a pentagon shape. We enjoyed making shapes using lollipop sticks.

During our Weekly Walk, we went on a spider web hunt and we were trying to find our own 'Incy Wincy Spiders'. We have spotted only two baby spiders and many empty webs.



TIME THEY ARE 8".

11th to 15th November 2024

CREDIT: MEM FOX, READING MAGIC







TAKES APPROXIMATELY
400 REPETITIONS
TO CREATE A NEW SYNAPSE
IN THE BRAIN—
UNLESS IT IS DONE
WITH PLAY IN WHICH CASE IT
TAKES 10–20 REPETITIONS



PLUME OF FEATHERS

Plume of Feathers candidates continue to produce some wonderful material for Mr Evans every Wednesday.

This week he was presented with a startlingly vivid portrait of the late footballer Diego Maradona, an iconic Argentinian captain and playmaker from the 1980's. Richard in Year 4 produced this somewhat

surprising choicealthough there are probably no instantly recognisable Lithuanian or West Ham players to choose from!

Next week can Mr Evans receive some delicious cake or bakery items please?





STRING CLUB VISIT TO THE BARBICAN LSO

On Thursday, Strings Club travelled to the Barbican to watch the London Symphony Orchestra (LSO) perform Gustav Holst's 'The Planets.' This is a seven-movement suite and each movement is named after a planet in the Solar System and its astrological character.

The movements are:
Mars, the Bringer of War
Venus, the Bringer of Peace
Mercury, the Winged Messenger
Jupiter, the Bringer of Jollity
Saturn, the Bringer of Old Age
Uranus, the Magician
Neptune, the Mystic



The LSO presented 'The Planets' in a fun and educational way. The children were given the opportunity to clap rhythms, sing and use actions to accompany tunes. It was very inspiring to see professional musicians at work, using the same bowing, as well as watching the discipline they bring to the music. 2024 also happens to celebrate 150 years since Holst was born!

Imogen (6JM) says, "It was very fun and interesting to watch the professional orchestra play the music. I will now try to do the correct bowing when I play because it looks neater when everyone does the same."

CONSTRUCTING CHARIOTS

In Design and Technology this week, Year 3 started to construct their chariots that they have been planning and researching over the past few weeks. They used card and lolly sticks to create a base, deciding on the size that they wanted their chariot to be. After that, they used lengths of wood to carefully measure a surround for their base, before using saws to cut their wood to length in pairs. Then, to create an elaborate design for the box of the

chariot, the children decorated pieces of card that will be curved around the base. We can't wait to see the finished product!



COLD AS ICE

This week, Year 4 conducted an investigation to measure how long it takes ice cubes to melt at different temperatures. They were able to ensure if was a fair test, using timers and thermometers to record their results.

Aubrey said, "I didn't expect the temperature of the cold water to drop down from 21 to 18 deg C."

Harpreet agreed and said, "I'm so amazed, I didn't know that it would take more than 6 minutes for ice

to melt in cold water."

Meanwhile, in Maths, some children took their learning outside to measure and calculate the area of

shapes with

given lengths.







ADVENT CALENDARS

RRS Council will be collecting Advent Calendars for the Foodbank from

Monday 11th November to Friday 22nd-November (Morning).

Please bring any donations into the School Office.



STAR OF THE WEEK

Foundation 1: Nathaniel
Foundation 2: Jaxon & Olivia
Year 1: Alex & Daniel
Year 2: Omer & Raymond
Year 3: Hamza & Emily
Year 4: Harpreet & Nia
Year 5: Eilidh & Dhiren

Year 6: Leo & Kanhaiya

SCHOOL CALENDAR DATES

Week 10

Monday 18th Nov Inclusion Assembly

IOP Meetings with Teachers

4.00pm Bancroft's Meeting with Year 5 and Year 6 pupils and parents

Tuesday 19th Nov 7.45am All Council Meetings

Year 1 Educational Visit - All Saints' Church

7.30pm All Parent Zoom re VAT

Wednesday 20th Nov Travelling Book Fair ends

Sustainability Council Educational Visit - Life Chronicles Immersive VR Tour

Thursday 21st Nov Year 3 and Year 4 Swimming

6.00pm Ski Trip Information Evening @ Forest

Friday 22nd Nov 8.40am Performance Assembly (Parents of the Performers Welcome)

History Society Educational Visit - V&A Museum, Kensington

9am-10am New January and April 2026 F1 Pupils In for Stay & Play

School Calendar - Calendar | Avon House School

SPORTS FIXTURES

Please note that Sports Fixtures will be communicated via email directly to parents for those children that have been selected to take part. If a fixture/tournament is postponed or cancelled, you will be informed by the school at the earliest opportunity.

Monday 18th Nov Year 5 and Year 6 Swimming Gala @ Chigwell

Thursday 21st Nov U9 Football v WGPS @ WGPS

U11 Netball v WGPS @ WGPS

Friday 22nd Nov U9 and U11 Football v Bancrofts @ Bancrofts

AHS Sports Twitter - https://twitter.com/avonhousesport