

MENU WEEK 1



AVON HOUSE
PREPARATORY SCHOOL

WEEK COMMENCING... 3rd Nov - 24th Nov 25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH OF THE DAY (HALAL options available)	<i>Vegetable pasta bake</i>	<i>Lamb chilli con carne</i>	<i>Ham carbonara</i>	<i>Chicken Curry</i>	<i>Breaded fishfingers tartare & lemon wedge</i>
VEGETARIAN	<i>Vegetable pasta bake</i>	<i>Mixed bean chilli con carne</i>	<i>Tofu carbonara</i>	<i>Paneer & pea Masala</i>	<i>Breaded lemon shrimpz</i>
SIDES	<i>Roast carrot Roast butternut squash</i>	<i>Steamed rice Cauliflower florets Courgettes</i>	<i>Spaghetti Pumkin Green beans</i>	<i>Saag aloo Channa masala Dhal</i>	<i>Double cooked chips Garden peas or Sweetcorn</i>
CLASSICS	<i>Baked potato with baked beans & grated cheese</i>	<i>Pasta with a Choice of homemade Sauces</i>	<i>Baked Potato with baked Beans & Grated Cheese</i>	<i>Pasta with a choice of homemade sauces</i>	<i>Baked sweet potato with grated cheese</i>
DESSERT	<i>Honey ginger cake with cream</i>	<i>Bread & butter pudding with custard</i>	<i>Marbled raspberry vanilla cookie</i>	<i>Jelly & cream</i>	<i>Festive apple crumble with custard</i>

DAILY OFFER

Soup of the day with freshly
baked bread, Salad Bar, Fresh
Fruit & Yoghurt with topping

Eat the rainbow

Parsnips

Asparagus

Passion Fruit

Mango



Allergen and dietary requirement meals served daily