

MENU WEEK 3



AVON HOUSE
PREPARATORY SCHOOL

WEEK COMMENCING... 19th Jan 2026 – 9th Feb 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH OF THE DAY (HALAL options available)	<i>Baked Jacket Potatoes</i>	<i>Beef Bolognese</i>	<i>Turkey & leek pie</i>	<i>Sweet & Sour Chicken</i>	<i>Battered Fish Fingers Tartare Sauce & Lemon Wedge</i>
VEGETARIAN	<i>Baked Jacket Potatoes</i>	<i>Lentil Bolognese</i>	<i>Squash & feta pie</i>	<i>Sweet & Sour Plant base Chicken</i>	<i>Grilled Halloumi Wrap</i>
SIDES	<i>Baked Beans Grated Cheese Vegetable Ragout</i>	<i>Spaghetti Baby Corn Green Beans</i>	<i>Broccoli Carrots</i>	<i>Steamed Rice Baby Bok choy Cauliflower</i>	<i>Double cooked Chips Peas / Sweetcorn</i>
CLASSICS	<i>Pasta with a Choice of Homemade Sauces</i>	<i>Baked Sweet Potato with Grated Cheese</i>	<i>Pasta with a Choice of Homemade Sauces</i>	<i>Baked Potato with baked Beans & Grated Cheese</i>	<i>Pasta with a Choice of Homemade Sauces</i>
DESSERT	<i>Jam Pudding with custard</i>	<i>Banana cake</i>	<i>Pear & berry crumble with custard</i>	<i>Jelly and Cream</i>	<i>Lemon drizzle Swiss Roll cake</i>

DAILY OFFER

Soup of the day with freshly baked bread, Salad Bar, Fresh Fruit & Yoghurt with topping

Eat the rainbow

Yams

Asparagus

Pineapple

Dragon fruit



Allergen and dietary requirement meals served daily